

## Mental Health Provider Resource List



### Mental Health Provider Resource List

The providers on this list have either reached out to offer their services or have been recommended to us by youth. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact [info@youthprideri.org](mailto:info@youthprideri.org)

Contact	Insurance, Sliding Scale, Language	Population	Specialty/Interest
Jasmine Appleberry, LICSW  345 Blackstone Blvd Providence, RI 02906  401-225-2044 <a href="mailto:jasmine.appleberry.licsw@gmail.com">jasmine.appleberry.licsw@gmail.com</a> il.com	Blue Cross, United, and Medicare  Sliding Scale  English	LGBTQ Young Adults Adults	Depression Anxiety Life transitions Self-esteem Existential challenges Grief and loss Relationships HIV+ Family conflict Intellectual disabilities
Mildred Bates, DSW, LICSW 1981 Broad Street Cranston, Rhode Island 02905 (401) 3541979 (401) 952 6795	Blue Cross, Magellan, Pacificare, Value Options, Managed Health NetworkTricare, Multiplan, Calif/Life, Great West, United Health Sliding Scale \$60 and up	LGBTQ Trans Young Adult Parents	Adoption, Couples, Grief/Loss, HIV+, Relationships, Trauma, Depression/ Anxiety
Kimberly Bennett, LICSW Clinical Supervisor, CCBS North American Family Institute (NAFI) (formerly Psychological Centers) 2227 Mineral Spring Avenue, Mailbox #4 N. Providence, RI 02911 (401) 4743820 <a href="mailto:KimberlyBennett@nafi.com">KimberlyBennett@nafi.com</a> <a href="mailto:kimbennettlicsw@gmail.com">kimbennettlicsw@gmail.com</a>	BCBS United Health Care Neighborhood Health Tufts Health Care  Sliding Scale available	LGBTQ Trans Children Adolescents Young and Older Adults	Autism, Couples, Depression, HIV+, Intellectual Disabilities, Kink Friendly, Life Transitions, Substance Abuse, Trauma
Allison Bernier, LICSW The Providence Center 355 Prairie Avenue	Most insurances	LGBTQ Trans	

## Mental Health Provider Resource List

Providence, RI 02905  (401) 2764163 (508) 6423965		Children Adolescents Young Adults	
Heather Bonds Harmon, LICSW 750 East Ave Pawtucket, RI 02860 401-365-4325	BCBS United Health Harvard Pilgrim, Neighborhood Health Aetna Coventry Health  Sliding Scale: \$50 for the uninsured or underinsured	LGBTQ Trans Children Adolescents Young Adults All ages	Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Anxiety and Mood Disorders
Frances Carpenter, LICSW		Young Adults Adults	College and Grad Student challenges, LGBTQ and Gender Identity
Denise Crooks - LICSW and MPH  401-606-3711  Adult Gender and Sexuality Behavioral Health Program at Lifespan Psychiatry and Behavioral Health Department 950 Warren Ave. East Providence, RI 02914	BCBS Tufts Aetna Cigna Medicare Neighborhood Health First Health United  No sliding scale	Adults 18+, LGBTQ, ethically non-monogamous (polyamorous/open relationships)	Depression, anxiety, bipolar disorder, trauma

## Mental Health Provider Resource List

<p>Melissa DaSilva East Coast Mental Wellness 1 Richmond Square Providence, RI 02906 (401) 227-0372</p>	<p>Takes majority of services</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>LGBTQ and gender identity, transgender topics, academic issues, bipolar disorder, couples counseling, personality disorders, anxiety, depression and life transitions, groups, and one on one counseling</p>
<p>Luisa DeLuca MS, LCMHC 2843 South County Trail, Suite 101 East Greenwich, RI 02818 (401)398-7799  coordinatedcounselingsvs.com</p>	<p>Aetna BCBS Tufts United Medicaid that has a carve out to United or NHP  Sliding Scale</p>	<p>LGBTQ Young Adults Adults</p>	<p>Lesbian, Gay and Trans Individuals; youth and adults</p>
<p>Lisa Goldman, LICSW 295 Angell Street Providence RI 02906 (401) 272-1528</p>	<p>Aetna Blue Cross Blue Shield Harvard Pilgrim Johnson &amp; Wales University (United Healthcare) Medicaid (through United Health Care) Providence College (Tufts) RISD Student Insurance (United Healthcare) Tufts United Healthcare URI/University of RI Student Insurance (United Healthcare)</p>	<p>LGBTQ Adolescents Young Adults</p>	<p>Anger, Anxiety, Chronic Illness, Depression, Existential challenges and life transitions, Family issues, Parenting, Relationships, Sexual Abuse, Substance Abuse, Work Issues</p>
<p>Nicole Issa, Licensed Psychologist PVD Psychological Associates 193 Waterman St Providence, RI 02906 (401)330-5882 nicole@pvdpsych.com</p>	<p>BCBS, United, Aetna, Cigna Sliding Scale Available</p>	<p>Adolescents, College Students, Individuals and Families</p>	<p>LGBTQIA+, Anxiety, Depression, Eating Disorders, Poly Relationships, Kink Friendly</p>

## Mental Health Provider Resource List

Naydeen Kafalas, LMHC 640 George Washington Highway Suite 103, #19 Lincoln, RI 02865 (401) 305-4633 naydeen21@gmail.com	Aetna, BlueCross and BlueShield, Ceridian, Cigna, ComPsych, E4Health, Harvard Pilgrim, Medicaid, Multiplan, Optum, Tufts, UnitedHealthCare  Sliding Scale Available	LGBTQ Trans Children Adolescents Young Adults	Obsessive-Compulsive, Anxiety, ADHD, Coping Skills, Depression, Grief, Family Conflict, Peer Relationships, Self-Esteem, Self-Harming, Transgender, Trauma and PTSD
Daphne Kalaidjian, LICSW  Newport, RI (401) 578-4453	BCBS Tufts Neighborhood Health United Healthcare  Sliding Scale  Speaks Italian	LGBTQ Trans Adolescents Adults	Domestic Violence, Grief/Loss, Substance Abuse, Trauma
Jessica Kaplan, MSW, LICSW Child and Adolescent Psychotherapy 267 Main Street East Greenwich, RI 02818 (401) 305-4748	BCBS United Health Rite Care through United Only Private Pay	LGBTQ Trans Children Adolescents Young Adults	Adoption, Families, Grief/Loss, Intellectual Disabilities, Substance Abuse, Trauma
Jayna Klatzker, LICSW 1 Richmond Sq. 132C Providence, RI 02906 401-297-2021 Jaynaklatzker.com	Blue Cross Blue Shield, Aetna, United Behavioral Health, NHP  No Sliding Scale	Adolescents 16yrs + , Young Adults through Older Adults.	Anxiety, Depression, Adjustment-to-Life Events (coming out, new settings, graduations etc.), Autism Spectrum Disorder and other learning differences, School/College/Job Advocacy, Poly Relationships, Gender Care

## Mental Health Provider Resource List

Kenneth Patterson, LMHC 146 Anoka Avenue Suite 2 Barrington, RI 02806 (401) 489-7724	Aetna BCBS Beacon Cigna Harvard Health Neighborhood Health Optimum Rite Care TriCare Tufts UBH  Sliding Scale Available	LGBTQ Trans Children Adolescents Young Adults Adults Couples Christian counseling	Anxiety, Couples, Depression, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, PTSD, Substance Abuse, Trauma
Jessica Peipock, LICSW 17 Ashton Parkway Suite 201 Cumberland, RI 02864 (401) 6323040 peipockje@gmail.com steppingstonescounselingri.vpweb.com	BCBS United Healthcare Neighborhood Health  Sliding Scale Available	LGBTQ Trans Children Adolescents Adults	Anxiety, Depression, Families, Pregnancy, PostPartum, Trauma, Grief Counseling
Kim Perry, MSW, LICSW 1681 Cranston Street Cranston, RI 02920 (401) 4970587	BCBS Neighborhood Health United Health  No Sliding Scale	LGBTQ Trans Children Adolescents Young Adults	Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma
Christine Pastore Rhodes, MSW, LICSW Private Psychotherapy Practice  1 Richmond Square, Suite 223W 331 Waterman Avenue Providence, RI 02906 (401) 2856254	BCBSRI United HealthCare Tufts  Sliding scale (limited number of slots) payments must be made at time of visit	LGBTQ Trans Adolescents Young Adults Adults	Families, Grief/Loss, HIV+, Trauma, Substance Abuse, Anger Management

## Mental Health Provider Resource List

<p>Kelly Richman, LICSW 17 Ashton Parkway Suite 201 Cumberland, RI 02864 (401) 5788495 Richmankr@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Health Neighborhood Health</p> <p>Sliding Scale starts at \$50</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Adoption, Autism, Families, Grief/Loss, Anxiety/Depression</p>
<p>Lisa M. Rocchio, PhD &amp; Associates, Inc. 1524 Atwood Avenue, Suite 222 Johnston, RI 02919 (401) 751-5880 www.rocchioassociates.com</p>	<p>BCBS United Health Tufts Medical Medicare Neighborhood Health Plan</p> <p>No Sliding Scale</p>	<p>LGBTQ Children Adolescents Young Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, Substance Abuse, Trauma</p>
<p>Cynthia Rosengard, PhD Licensed Clinical Psychologist 295 Angell Street, First Floor Providence, RI 02906 (401) 365-4577 crosengardphd@gmail.com</p>	<p>BCBS United Health Beacon Behavioral Health (Neighborhood Health Plan) First Health Harvard Community Health Cigna</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Young Adults</p>	<p>Grief/Loss, Trauma, Stress, Sexual Abuse, Family Conflict</p>
<p>Linda J. Sable, LICSW</p> <p>265 Atwells Avenue Providence, RI 02903 (401) 3518510</p>	<p>BCBS United Behavioral Health Neighborhood Health Aetna Magellan</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>

## Mental Health Provider Resource List

<p>Megan Sanderson, MSW, LICSW 1255 Oaklawn Avenue Cranston, RI 02905 (401) 285-1931</p>	<p>BCBS Neighborhood Health RiteCare United Health Care</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Families, Grief/Loss, Substance Abuse, Trauma, Anxiety, Depression, ADHD, Bipolar Disorder, Coping Skills</p>
<p>Nicole Issa, Licensed Psychologist PVD Psychological Associates 193 Waterman St Providence, RI 02906 401-330-5882 nicole@pvdpsych.com</p>	<p>BCBS United Aetna Cigna</p> <p>Sliding Scale Available</p>	<p>LGBTQIA+</p>	<p>Anxiety Depression Eating Disorders Poly relationships Kink friendly</p>
<p>United Paths 110 Armistice Boulevard Pawtucket, RI 02860 401-205-5643</p> <p>Current providers hold the following licenses: Licensed Clinical Social Worker, LCSW Licensed Independent Clinical Social Worker, LICSW Licensed Mental Health Clinician, LMHC</p>	<p>Aetna Blue Cross Blue Shield Brown University Student Health Insurance (United Healthcare) Cigna First Health Harvard Pilgrim Medicaid Medicaid (through Tufts) Medicaid (through United Health) Medicare Medicare (through Blue Cross Blue Shield) Medicare (through United Health) Tricare Tufts Health Plan United Healthcare Providence College Student Health Insurance (Cigna) Johnson and Wales University Student Health Insurance (United Healthcare) University of Rhode Island (URI) Student Insurance (United Healthcare) RISD Student Health Insurance (United Healthcare) United Healthcare Student Health Plan</p> <p>Sliding Scale Available</p> <p>Languages: English, Haitian, Creole, Twi</p>	<p>Adults (24+) Children (&lt;12) Couples Families Parents Seniors (65+) Teenagers (13-18) Young adults (18-24) LGBTQ+</p>	<p>Academic Challenges; Addiction; Anxiety; Career Counseling; Child mental health; Depression; Divorce &amp; Separation;; Existential crisis &amp; challenges; Family issues; Life transitions; Loss, grief, and bereavement; Parenting; Personality disorders; Postpartum Depression; Pregnancy, perinatal, postpartum mental health; Relationship issues; Stress Management; Substance Abuse; Trauma</p>

## **Mental Health Provider Resource List**