

## Mental Health Provider Resource List

The providers on this list have either reached out to offer their services or have been recommended to us by youth. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact [info@youthprideri.org](mailto:info@youthprideri.org)

Contact	Insurance, Sliding Scale, Language	Population	Specialty/Interest
Mildred Bates, DSW, LICSW 100 Lafayette Street, Suite 301 Pawtucket, RI 02860 (401) 354-1979 (401) 952 6795	Blue Cross, Magellan, Pacificare, Value Options, Managed Health Network- Tricare, Multiplan, Calif/Life, Great West, United Health Sliding Scale \$60 and up	LGBQQ Trans  Young Adults, Parents	Adoption, Couples, Grief/Loss, HIV+, Relationships, Trauma, Depression/ Anxiety
Kimberly Bennett, LICSW Clinical Supervisor, CCBS North American Family Institute (NAFI) (formerly Psychological Centers) 2227 Mineral Spring Avenue, Mailbox #4 N. Providence, RI 02911 (401) 474-3820 KimberlyBennett@nafi.com kimbennettlicsw@gmail.com	BCBS United Health Care Neighborhood Health Tufts Health Care  Sliding Scale available	LGBQQ Trans  Children, Adolescents, Young and Older Adults	Autism, Couples, Depression, HIV+, Intellectual Disabilities, Kink Friendly, Life Transitions, Substance Abuse, Trauma
Allison Bernier, LICSW The Providence Center 355 Prairie Avenue Providence, RI 02905 (401) 276-4163 (508) 642-3965	most insurances	LGBQQ Trans  Children, Adolescents, Young Adults	
Heather Bonds-Harmon, LICSW 331 Waterman Street Providence, RI 02906 401-369-3911	BCBS United Health Harvard Pilgrim, Neighborhood Health Aetna Coventry Health  Sliding Scale: \$50 for the uninsured or under insured	LGBQQ Trans  Children, Adolescents & Young Adults (ages 24 and under) all ages	Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Anxiety and Mood Disorders
Frances Carpenter, MSW, LICSW fcarpentersw@gmail.com (401) 965-5862 203 South Main Street Providence, RI 02903	BCBS, CHP  Sliding Scale based on income	LGBQQ Trans  Young Adults (17+)	Identity Development in Young Adulthood, Coming Out, Family Therapy related to Coming Out, Grief/Loss, HIV+

Dr. Michael Crane, PsyD Providence Psychology Services 245 Waterman Street, Suite 202 Providence, RI 02906 (401) 273-3322 x 4	BCBS United Healthcare  No Sliding Scale	LGBQQ  Young Adults (18+)	Grief/Loss, Kink Friendly, Anxiety, Depression, Stress Reduction, Social Anxiety, Sleep Issues (insomnia)
Craig Crawford, LICSW 331 Broadway Providence, RI 02909 (401) 272-7130	BCBS Aetna Tufts United Healthcare United Behavioral Health Humana Cigna  Sliding Scale, \$50 Minimum, limited slots	LGBQQ Trans  Young Adults	Adoption, Couples, Families, Grief/Loss, HIV+, Substance Abuse, Trauma
Stacy Donn Cristo, LMHC Holistic Psychotherapy 354 Broadway Providence, RI 02909 (401) 781-3068 www.psychologytoday.com	BCBSRI United Health Tufts of RI  Sliding Scale \$80-125	LGBQQ Trans  Adolescents, Young Adults, Adults, Couples, Families	Grief/Loss, Trauma, Holistic Approach
Eugene M D'Andrea, PhD 1434 Warwick Avenue Warwick, RI 02888 (401) 461-4559	BCBC Neighborhood Health Tufts Tri-Care  Sliding Scale Offered	LGBQQ Trans  Children, Adolescents & Young Adults	Couples, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Trauma
John D. DaPonte 2024 Broad Street Cranston, RI 02905 (401) 383-7647	BCBS United Behavioral Health Tufts Neighborhood Health Harvard Pilgrim  Sliding Scale, minimum of \$50	LGBQQ Trans  Children, Adolescents & Young Adults	Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Substance Abuse, Learning Disabilities; IQ and Educational Assessment
Lisa Goldman, LICSW (401) 272-1528	BCBS UBH Tufts  Sliding Scale starting at \$25	LGBQQ  Adolescents & Young Adults	Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Substance Abuse, After School Times

<p>Gabriele Hughes, PCNS 105 Sockanosett Cross Road Cranston, RI 02920 (401) 270-7565</p>	<p>BCBS United Health</p> <p>No Sliding Scale</p> <p>Speaks German</p>	<p>LGBQQ Trans</p> <p>Young Adults, age 17+</p>	<p>Couples, Families, Relationships, Trauma</p>
<p>Naydeen Kafalas, LMHC 640 George Washington Highway Suite 103, #19 Lincoln, RI 02865 (401) 580-8452 naydeen21@gmail.com</p>	<p>BCBS Neighborhood Health United Healthcare Cigna Tufts Harvard Pilgrim</p> <p>Sliding Scale \$55-100</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents &amp; Young Adults</p>	<p>Families, Trauma, Sexual Abuse Specialist, Anxiety, ADHD</p>
<p>Daphne Kalaidjian, LICSW Newport, RI (401) 578-4453</p>	<p>BCBS Tufts Neighborhood Health United Behavioral Health</p> <p>Sliding Scale \$75-110</p> <p>Speaks Italian</p>	<p>LGBQQ Trans</p> <p>Adolescents &amp; Adults</p>	<p>Domestic Violence, Grief/Loss, Substance Abuse, Trauma</p>
<p>Jessica Kaplan, MSW, LICSW Child and Adolescent Psychotherapy 267 Main Street East Greenwich, RI 02818 (401) 203-4861</p>	<p>BCBS United Health Private Pay</p> <p>Sliding Scale \$100 first session, \$60-70 each session afterwards (individual or family)</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents &amp; Young Adults</p>	<p>Adoption, Families, Grief/Loss, Intellectual Disabilities, Substance Abuse, Trauma</p>
<p>Kelly K. Kennedy, LMHC 900 Reservoir Avenue, Suite 2 Cranston, RI 02910 (401) 864-3311 (401) 680-6050 kelly.adams@cox.net</p>	<p>BCBS United Health</p> <p>Sliding Scale dependent on income</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents, Young &amp; Older Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Poly Relationships, Substance Abuse, Trauma</p>

Jayna Klatzker, LICSW, ACSW 1 Richmond Square Providence, RI 02906 (401) 297-2021 Jaynaklatzker.com	BCBS First Health UBH Neighborhood Health  Sliding Scale starting at \$65 based on income	LGBQQ Trans  All ages over six years old	Families, Intellectual Disabilities, Kink Friendly, Poly Relationships, Learning Differences
Barbara Kremetz, LICSW, ATR 295 Governor Street Providence, RI 02906 (401) 484-1841	United Behavioral Health Coventry First Health (Brown University students) Gallagher Koster (RISD students) Blue Cross/Blue Shield  Sliding Scale- 75-125	LGBQQ Trans  Young Adults	Anxiety, Depression, Families, Grief/Loss, Poly Relationships, Emerging Adult Issues, Learning Differences, Asperger's, Art Therapy
Kiersten Marek, LICSW 390 Pontiac Avenue Cranston, RI 02910 (401) 744-8933	BCBS Neighborhood Health United Health  Sliding Scale starting at \$35/hr	LGBQQ Trans  Children, Adolescents & Young Adults	Adoption, Domestic Violence, Families, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma
Lauren McGovern, LCSW Aquidneck Therapy 1016 East Main Road 2nd Floor, Office #1 Portsmouth, RI 02871 (401) 286-2123 lmcgovern1585@gmail.com	Sliding Scale English	LGBT Children Adolescents, Adults, Individual/Family	LGBT/gender identity, Trauma/PTSD, ADHD/mood disorders
Wendy O'Connor, Psy.D East Greenwich Psychology 110 Main Street, Suite 204 East Greenwich, RI 02818 (401) 484-1220 wendy@drwendyoconnor.com www.drwendyoconnor.com	BCBS Consolidated Health  No Sliding Scale	LGBQQ Trans  Adolescents & Adults	Couples, Families, Relationships, Depression & Anxiety
Michele D. Paliotta, LICSW 401-935-4094 2227 Mineral Spring Avenue Suite 203 North Providence, RI 02911  120 Wayland Avenue, Suite 6 Providence, RI 02906	Blue Cross (most states) United Behavioral Health Neighborhood Health Cigna Coventry Health/First Health (Brown University)  Sliding Scale--to be determined (priority given to the Transgender community)	LGBQQ Trans  Adolescents (13-17), Young Adults (18-24), Adults	Gender Care, Anxiety, Depression, Trauma

<p>Kenneth Patterson, LMHC 146 Anoka Avenue Barrington, RI 02806 (401) 489-7724</p>	<p>BCBS Beacon Cigna Harvard Health Neighborhood Health Tri-Care Tufts UBH</p> <p>Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents &amp; Young Adults, Adults, Couples counseling, Christian counseling</p>	<p>Anxiety, Couples, Depression, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, PTSD, Substance Abuse, Trauma</p>
<p>Jessica Peipock, LICSW 17 Ashton Parkway Cumberland, RI 02864 (401) 632-3040 peipockje@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Healthcare Neighborhood Health</p> <p>Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents, &amp; Adults</p>	<p>Anxiety, Depression, Families, Pregnancy, Post-Partum, Trauma</p>
<p>Kim Perry, MSW, LICSW 1681 Cranston Street Cranston, RI 02920 (401) 497-0587</p>	<p>BCBS Neighborhood Health United Health</p> <p>No Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents, &amp; Young Adults</p>	<p>Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>
<p>Christine Pastore Rhodes, MSW, LICSW Private Psychotherapy Practice One Richmond Square, Suite 223W 331 Waterman Avenue Providence, RI 02906 (401) 285-6254</p>	<p>BCBSRI Value Options Optum UBH United HealthCare First Health CHP</p> <p>Sliding scale \$60-100 (limited number of slots) payments must be made at time of visit</p>	<p>LGBQQTransAdolescents, Young Adults &amp; Adults</p>	<p>Families, Grief/Loss, HIV+, Trauma, Substance Abuse, Anger Management</p>

<p>Kelly Richman, LICSW 17 Ashton Parkway Cumberland, RI 02864 (401) 578-8495 Richmankr@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Health Neighborhood Health  Sliding Scale starts at \$50</p>	<p>LGBQQ Trans  Children, Adolescents &amp; Young Adults</p>	<p>Adoption, Autism, Families, Grief/Loss, Anxiety/Depression</p>
<p>Lisa M. Rocchio, PhD &amp; Associates, Inc. 1524 Atwood Avenue, Suite 222 Johnston, RI 02919 (401) 751-5880 www.rocchioassociates.com</p>	<p>BCBS United Health Tufts Medical Medicare Neighborhood Health Plan  No Sliding Scale</p>	<p>LGBQQ  Children, Adolescents, &amp; Young Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, Substance Abuse, Trauma</p>
<p>Cynthia Rosengard, PhD Licensed Clinical Psychologist 295 Angell Street Providence, RI 02906 (401) 305-0364 crosengardphd@gmail.com</p>	<p>BCBS United Health Beacon Behavioral Health (Neighborhood Health Plan) First Health Harvard Community Health Cigna  Sliding Scale \$75-125</p>	<p>LGBQQ Trans  Young Adults</p>	<p>Couples, Grief/Loss, Trauma</p>
<p>Linda J. Sable, LICSW 265 Atwells Avenue Providence, RI 02903 (401) 351-8510</p>	<p>BCBS United Behavioral Health Neighborhood Health Aetna Magellan  Sliding Scale</p>	<p>LGBQQ Trans  Adolescents &amp; Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>
<p>Megan Sanderson, MSW, LICSW 1255 Oaklawn Avenue Cranston, RI 02905 (401) 286-5068</p>	<p>BCBS Neighborhood Health RiteCare United Health Care  Sliding Scale starting at \$70</p>	<p>LGBQQ Trans  Adolescents &amp; Adults</p>	<p>Families, Grief/Loss, Substance Abuse, Trauma, anxiety and depression, ADHD</p>
<p>Dr. Judy Scarfpin 688 Frenchtown Road East Greenwich, RI 02818 (401) 885-6772</p>	<p>No Insurance  Sliding Scale</p>	<p>LGBQQ Trans  Young Adults (18-24) &amp; Adults</p>	<p>Couples, Families, Grief/Loss, Substance Abuse, Trauma, Verbally abuse &amp; controlling relationships</p>

<p>Eliza Sher, LICSW East Side Psychotherapy, Inc. 295 Governor Street Providence, RI 02906 (401) 263-2272</p>	<p>BCBS United Health Neighborhood Health Consolidated Health Plans Tufts  Sliding Scale \$65-150</p>	<p>LGBQQ Trans  Adolescents &amp; Adults</p>	<p>Adoption, Couples, Grief/Loss, Kink Friendly, Trauma</p>
<p>Kathy Swink, LMHC 1980 Ministerial Road Wakefield, RI 02879 (401) 783-0960</p>	<p>Most insurance except Medicare Medicaid  Sliding Scale based on income</p>	<p>LGBQQ Trans  Young Adults</p>	<p>Adoption, Anxiety, Couples, Depression, Domestic Violence, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, Trauma</p>
<p>Whitney Q. Thompson, MSMFT 341 Broadway Providence, RI 02906 (401) 277-9993 www.thepointatwhich.com</p>	<p>Not paneled by insurance companies but able to provide receipts for out of network reimbursement  60-90\$ trust based sliding scale</p>	<p>LGBQQ Trans  Children, Adolescents, Young Adults</p>	<p>Adoption, Couples, Families, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma</p>
<p>Kath Whelan, LMHC, LMT 347 Broadway Providence, RI 02909 (401) 323-5112</p>	<p>Blue CrossUnited HealthBeacon Sliding Scale \$55-\$85</p>	<p>LGBQQ Trans  Adolescents (13-17), Young Adults (18-24)</p>	<p>Couples, Domestic Violence, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, sex therapy</p>
<p>David Yuells, LICSW Busline Accessible 37 Baldston Avenue Pawtucket, RI 02861 (401) 527-6495 (401) 724-4639 (f) ri37dy@yahoo.com</p>	<p>All insurances except Medicaid  Sliding Scale based on income</p>	<p>LGBQQ Trans  Children, Adolescents, &amp; Young Adults  Home Visits</p>	<p>Adoption, Couples, Domestic Violence, Families, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Loss, Transgender</p>